



# **BAILEY GREEN PRIMARY AND NURSERY SCHOOL**

## **Relationships and Sex Education Policy**

## **Rationale**

The policy was written with reference to Sex and Relationship Education Guidance (DfEE 0116/2000), the Science National Curriculum, the PSHCe programme, the statutory guidance from DfE for RSE which came into effect from September 2020, and with guidance from North Tyneside Local Authority. Bailey Green trialled the draft guidance from September 2019-2020 before formulating the new policy and programme of study.

It has been produced in consultation with staff, governors and parents.

Relationships and Sex education is lifelong learning about physical, moral and emotional development, and is about the understanding of the importance of loving and caring relationships.

Relationship and Sex education reflects the values of the PSHE and Citizenship programme, and is taught in the context of relationships.

In addition RSE promotes self esteem and emotional health and well being and helps children form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

When reviewing our RSE policy we involved a parent working party with whom we consulted. They supported our final programme of study and helped us to formulate our guide for parents (see website).

## **Roles and Responsibilities**

The programme is lead by the PSHe subject leader, with support from the SLT, and is delivered by all staff, supported by any appropriate outside agencies.

Teachers regularly receive updated training on any new guidelines and resources to support these.

## **Statutory Regulations**

The RSE policy supports the PSHe, RE, Science policies and British Values and is intrinsic to the whole school ethos at Bailey Green. Our mission statement states:

*We aim to make our school and nursery a pleasant and friendly place to be so that children can be happy at nursery and school. We want them to enjoy learning, reach their full potential and we will nurture their health and emotional well-being at all times. We will provide a stimulating learning environment and a variety of exciting opportunities and experiences within a broad and balanced curriculum. We aim to give children the best possible start to their education by developing their curiosity, imagination and desire to learn. Each child is valued as an individual irrespective of their race, gender or culture.*

The DfE has stated that from September 2020 all schools must deliver relationships education. Parents maintain the right to withdraw their children from aspects of sex education, which are **not** part of the Science curriculum.

## **Aims and Objectives for Relationship and Sex Education**

The aim of RSE is to provide children with age appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their health related behaviour.

This should take place with consideration of the qualities of relationships within families.

- To provide the knowledge and information to which all pupils are entitled.
- To clarify/reinforce existing knowledge.
- To raise pupils' self esteem and confidence, especially in their relationships with others.
- To help pupils understand their sexual feelings and behaviour, so they can lead safe and enjoyable lives.

- To help pupils' develop skills (language, decision making, choice, assertiveness) and make the most of their abilities.
- To provide the confidence to be participating members of society and to value themselves and others.
- To help gain access to information and support.
- To develop skills for a healthier, safer lifestyle
- To develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media.
- To respect and care for their bodies.
- To be prepared for puberty and adulthood.

Under the 2010 Equality Act, every child is entitled to receive RSE regardless of ethnicity, gender, religion, age, culture, disability, sexual orientation, language special needs, disadvantaged and looked after children.

It is our intention all children have the opportunity to experience a programme of RSE at a level which is appropriate for their age and physical development with differentiated provision if required.

### **Definitions**

#### **Relationships Education**

This is teaching about the building blocks and characteristics of positive relationships, including respectful friendships, family relationships and relationships with other children and adults, including relationships online.

#### **Health Education**

Teaching children about physical health and mental well-being and making healthy choices.

#### **Sex Education**

Teaching children about how human reproduction occurs, including how a baby is conceived and is born, related to the human life cycle.

### **Curriculum Design for Relationships and Sex Education**

Our RSE programme is an integral part of our whole school PSHe provision (see PSHCe programme of Study), and follows on from the PSED programme from EYFS.

It covers; Families and People who Care for Me, Caring Friendships, Respectful Relationships, Online Relationships and Being Safe. It also meets the objectives in Key Stages 1 and 2 of the National Science Curriculum,

### **National Curriculum Science 2014**

The document's objectives relating to RSE state;

#### **Key Stage 1**

##### **Year 1 - Animals, including humans.**

Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.

##### **Year 2 - Animals, including humans.**

Notice that animals, including humans, have offspring which grow into adults.

#### **Key Stage 2**

##### **Year 3 - Plants**

Plant reproduction.

#### **Year 4**

There are no specific Science objectives relating to RSE in Y4.

#### **Year 5 – Living things and their habitats, Animals, including humans**

Describe the life process of reproduction in some plants and animals.

Pupils should find out about different types of reproduction, including sexual and asexual reproduction in plants, and sexual reproduction in animals. (non-statutory).

Describe the changes as humans develop to old age.

#### **Year 6 – Evolution and Inheritance**

Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.

RSE is taught throughout the school as part of our PSHc programme of work. We specifically use North Tyneside's RSE scheme of work, which has been updated (September 2019) to meet the DfE requirements to support our teaching.

Bailey Green has agreed that the correct scientific names for body parts will be used from EYFS through to Y6.

Carefully chosen resources are used to support our RSE programme, many of which have been recommended by the LA.

Teaching and resources will be differentiated as appropriate to address the needs of SEND children in order for them to have full access to the content of RSE.

Assessment takes place through observations of responses, discussions and carefully chosen activities and are recorded in teacher's journals through their AfL.

#### **Safe and Effective Practice**

We will ensure a safe learning environment by agreeing ground rules which are essential to provide an agreed structure to answering sensitive or difficult questions.

The use of an anonymous question box will be used for any questions that may need to be distanced from a child.

Teachers will endeavour to answer questions as honestly as possible, but if faced with a question they do not feel comfortable answering within the classroom, provision is made to meet the individual child's needs, which may through the use of another adult in school, it may involve the parent.

Any disclosures during a lesson will be reported to the DSL and recorded following the school's Child Protection policy. A member of staff cannot promise confidentiality if concerns exist

#### **Engaging Stakeholders**

The school includes information on sex and relationship education in the school prospectus and full details are available on request. The policy is available on the school's website.

The school informs parents when specific aspects of the RSE programme (puberty and body changes) are taught. and provides opportunities for parents to view the videos and resources being used.

Parents have the right to withdraw their children from those aspects of sex and relationship education, not included in the National Curriculum Science Orders. However this rarely happens, by working in partnership with parents they recognise the importance of this aspect of their child's education.

## **Monitoring and Evaluation**

Monitoring is the responsibility of the head teacher, named governor and teacher with responsibility for RSE.

The school will assess the effectiveness of the aims, content and methods in promoting children's learning through lesson observation, sampling teachers planning, questionnaires to teachers and children and feedback from parents.

The effectiveness of the RSE programme will be evaluated by assessing children's learning through observations, and implementing change if required.

Pupil voice will contribute towards the evaluation of the programme and will support the review of the programme.

This policy document will be presented to the full Governing Body for approval.

Any changes will be reflected in the school prospectus.

RSE issues will be included in the induction programme for all new members of staff.

This policy will be reviewed annually.